



BridgeWorks
Building Bridges of Understanding

6 Steps to Re-Thinking Communication:
A Fun and Interactive Workshop
that Makes Church Leadership a Whole Lot Easier!

Thursday, March 17, 2011
8:30-3:00 pm
Evanston UMC, Denver

This day-long, engaging and interactive workshop will enable you to communicate more effectively and listen more intelligently. As a result, you'll be ready to lead change more confidently!

1. Take a Personalized Self-Assessment

Before the Workshop even begins, take an [Everything DiSC Classic 2.0](#) self-assessment. Answering this brief profile online will generate an extremely valuable tool that gives you practical and accurate insight into your personality. It will help you grow in self-understanding and become more effective in your interactions with others. You'll receive your own personalized report at the workshop.

2. Consider Your Way of Being as a Gift from God

Our day-long experience is spiritually grounded and begins with worship. Reaffirm that your way of being is a tremendous gift from God.

3. Re-Think What You Know About Communication

Discover that different communication styles flow from four underlying behavioral preferences. Knowing this makes all the difference! Stop taking others' way of being as a personal affront or a challenge, and learn what truly makes people tick.

4. Discover What Makes You Unique

Using the results of the online self-assessment, gain meaningful insights into your own "behavioral comfort zone" and how that shapes your conversations with others. From strengths, weaknesses, fears, goals, and motivators, I guarantee, you'll be delighted and amazed at the accuracy of the report.

5. Practice People-Reading

Next, practice how to listen more intently to what others are saying, and what they are not saying. When you know how to recognize what drives and motivates the people around you, you can learn how to bring out the best in them. It's almost like having a secret power!

6. Put it all Together

Finally, practice what you've learned about yourself and others in a safe and fun environment through role plays. You'll leave with skills and strategies you can put to immediate use—even in your most challenging relationships. Relax; doing church just got a whole lot easier!

The Bottom Line

Cost*

<u>Registration</u>	<u>Pastors</u>	<u>Laity</u>	<u>District Staff</u>
Early Bird registration (through Feb 1)	\$98	\$58	FREE
Regular registration (Feb 2-March 3)	\$128	\$78	FREE
Late Registration (March 4-17)	\$188	\$98	FREE

*The DiSC assessment, a resource notebook, people-reading guide, continental breakfast, coffee and snacks are included. Lunch is provided by the Metropolitan District.

Who should attend?

Definitely clergy! Also staff and other church leaders. Don't forget volunteers, spouses and partners. In fact, the more members from your church who attend, the more effective the training will be. You will learn a common language and gain constructive insights that can to be fruitfully applied throughout your congregational life and your personal and professional lives as well.

Scholarships for Clergy

Scholarships up to \$500 are available through the Ministerial Education Fund. Download the application [here](#).

Continuing Education Units

.5 CEUs are available upon request.

More about DiSC

DiSC is an acronym that describes four dimensions of human behavior:

- **Dominance: Direct and Decisive.** D's are strong-willed, strong-minded people who like accepting challenges, taking action, and getting immediate results.
- **Influence: Optimistic and Outgoing.** I's are "people people" who like participating on teams, sharing ideas, and energizing and entertaining others.
- **Steadiness: Sympathetic and Cooperative.** S's are helpful people who like working behind the scenes, performing in consistent and predictable ways, and being good listeners.
- **Conscientiousness: Concerned and Correct.** C's are sticklers for quality and like planning ahead, employing systematic approaches, and checking and re-checking for accuracy.

Already Done DiSC?

Not to worry! Review is at the heart of mastery. Go deeper in your understandings as you approach the material from a new angle with video, exercises, role plays and laughter! You'll integrate the ideas at a deeper level and experience bigger breakthroughs!

Resource Table

Like what you are learning? Purchase additional DiSC profiles (\$20.50 each) to take back with you, including I-Sight, a DiSC assessment for youth aged 12-18 (25 for \$150). An I-Sight Facilitator Manual (\$60) contains 5 hands-on experiential modules for young people to discover their strengths and grow in self-awareness. Additional profiles from Inscape Publishing help you with diversity, time management, listening styles, coping and stress, and work expectations are also available (\$20.50-\$22.50 each).



Workshop Leader

Rev. Rebekah Simon-Peter, United Methodist clergy, author and presenter is an experienced DiSC practitioner and trainer. First introduced to this model more than a dozen years ago during a crisis in her own ministry, she is now a Certified Trainer and Authorized Distributor of DiSC materials. She has trained a wide variety of people in re-thinking communication from students to superintendents, bishops to psychologists, and couples to clergy. "What's so great about this material is that it gets down to the human condition; it applies across educational level, ethnicity, age, gender, and class. People all across the world find this tool to be insightful, fun, accurate, and effective!"

Rev. Rebekah Simon-Peter, Director
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